

SOUL FOOD

Life in God feeds our souls



Pensacola, Florida
August 15, 2021 10:30AM
12th Sunday after Pentecost

**Indicates times when all who are able will please stand.*

Chiming Of The Hour

Welcome and Congregational Life Announcements

Please fill out the Fellowship Pad and pass it back to the end of the pew so that you can greet your neighbors by name. Use the QR codes to download a bulletin or to request information about the church.

Minute For Mission Presbyterian Women - Fall Coffee Freddie Prettyman, Sandy Edwards

Musical Meditation "Rejoice, Ye Pure in Heart"

MARION

*Call to Worship

God is the source of wisdom and the fount of eternal life.

We worship our God who clothes us in strength and quenches our souls with mercy.

***Hymn 634** "To God Be The Glory"

*Prayer of Confession

O Lord, you are near to the brokenhearted and you save the crushed in spirit.

Be near to us in our brokenness and love us into wholeness.

You are near to people who are hurting, but we keep our distance to avoid hard conversations. You envision a world where all needs are met, but we withhold our help and cling to our power.

Be near to us in our brokenness and love us into wholeness.

By your mercy, forgive our sins. By your grace, free us to try again. Amen.

Assurance of Forgiveness.

*Gloria Patri

**Glory be to the Father, and to the Son, and to the Holy Ghost:
As it was in the beginning, is now, and ever shall be,
world without end. Amen. Amen.**

*Passing of the Peace

One: The peace of our Lord Jesus Christ be with you all.

All: And also with you.

Please greet each other, "Peace be with you."

Children's Moment

Prayer for Illumination

Liturgist: Hal Tuten

Scripture (UNISON)

Psalm 34:15-22

Pew Bible, OT, p. 508

After each reading: **One:** The Word of the Lord. **All:** **Thanks be to God.**

Scripture

John 6:56-69

Pew Bible, NT, p. 98

Sermon

Soul Food: 2. "Hard to Swallow"

Hugh Hamilton

***Affirmation of Faith: The Apostles' Creed**

I believe in God the Father Almighty, maker of heaven and earth,
and in Jesus Christ his only Son our Lord; who was conceived by the Holy Ghost, born of the virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father Almighty; from thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; the holy catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body; and the life everlasting. Amen.

Pastoral Prayer and The Lord's Prayer

...Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

Call for the Offering

***The Doxology**

Praise God from whom all blessings flow
Praise Him all creatures here below
Praise Him above ye heavenly host
Praise Father, Son, and Holy Ghost
Amen

*** Prayer of Thanksgiving**

***Hymn 726** "Will You Come and Follow Me (The Summons)" KELVINGROVE

***Benediction**

Postlude "Now Thank We All Our God" NUN DANKET ALLE GOTT

WELCOME! To learn about Trinity's life and service or about becoming a member of Trinity, visit www.trinitypcola.org. **READ YOUR EMAIL** for announcements regarding activities and messages from Trinity! To be added to the Thursday emails, send your address to info@trinitypcola.org. Don't forget to check www.trinitypcola.org .

DISCOVER TRINITY classes August 15, 22 during Sunday School – 9:15AM in Room F, taught by Hugh.

CONGREGATIONAL CARE Verses of Comfort can be found at trinitypcola.org > ministries > congregational care > other services – [click link here](#).

THIS WEEK'S PRAYER LIST can be found on the Narthex table with the Prayer Request box.

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Hugh Hamilton, Pastor
Clara Riggleman, Director of Music
Hyunjoo Kim, Organist



COVID-19 PROTOCOLS UPDATE
 Trinity Presbyterian Church will resume COVID-19 protocols effective August 9, 2021 as follows:

Phase 1	Worship	Other Ministries
All Ages	<ul style="list-style-type: none"> • We all wear masks in sanctuary worship. • In-person worship continues 10:30am. • Continue also our live-streamed (broadcast) service via www.Trinitypcola.org.) 	<ul style="list-style-type: none"> • In-person Sunday School continues with masks. • Adult committees, small groups, meetings continue, with masks. • Go to https://mytrinity.ccbchurch.com/ to schedule a meeting and room.
Children	<ul style="list-style-type: none"> • Children’s Church and Nursery continue. Volunteers asked to wear masks; parents choose whether to mask children. All children are welcome to attend. 	<ul style="list-style-type: none"> • Children and Youth Sunday school and activities continue. • Masks are requested.
Guidelines	<ul style="list-style-type: none"> • Wear our masks in worship. • Social distancing is encouraged. • Pass the peace from within your pew • Socializing before or after church is encouraged outside the building and outside the Narthex. • Hand sanitizer stations are present throughout the church building. • Continue with Communion and offering as now: no passing of plates. 	<ul style="list-style-type: none"> • All persons attending inside meetings, groups, activities, are to wear masks. • Please schedule your meetings via church office or https://mytrinity.ccbchurch.com/ to avoid double booking of rooms. • Please practice social distancing within the church building. • No parlor refreshments for now. • Wednesday Night Suppers, Congregational Meals/Dinners: to-be-determined.
Tithes and Offerings	<ul style="list-style-type: none"> • Continue to tithe and give online. • Plates available at rear doors. 	<ul style="list-style-type: none"> • Continue to tithe and give online.

The Session met August 8 and asks that we all wear masks when we are in the building together. Wearing masks will allow us to do the things we normally do in worship and much of what we do in other church activities; and will help us to protect ourselves from this more contagious variant of Covid. We regret this is necessary. We all are tired and frustrated from this pandemic. We hoped we would be in a better place by now, but with COVID-19 variants cases spiking, hospitalizations increasing, and Escambia County positivity rates higher, we will return to our protocols for now so that we can resume regular events as soon as safely possible. The Session will monitor conditions and continue to pursue best solutions to keep everyone safe.

Jesus calls us to love our neighbor as ourselves, to care for “the least of these,” and to protect the vulnerable. We still have vulnerable people in our congregation and among our visitors and we still have active cases of COVID among our Trinity members. We ask you to show Christ’s love by masking and protecting one another. We are in this together and we will get through this together as soon and as safely as possible.

Thank you.

Hugh Hamilton

What are symptoms particular to Delta variant? How do they differ from previous COVID symptoms?

- Fever and cough are present in both types, but
- Headaches, sinus congestion, sore throats and runny noses are more common with the Delta strain.
- Excessive sneezing is also a symptom.
- Loss of taste and smell, a noted symptom of the original virus, happens less frequently.

Why is this variant more contagious?

- There are up to 1,000 times more virus in the nasal and respiratory passages in a person who has the Delta variant compared to the original strain.
- With the nasal load higher, we are breathing -sneezing- coughing -singing out much higher volumes of contagious virus particles.
- These variant particles are more contagious/infectious than the prior COVID-19 strain.
- The risk of infection and transmission is higher in unvaccinated people, but vaccinated asymptomatic, people also can unknowingly transmit the virus.
- Vaccinated people with breakthrough COVID-Delta cases are suffering less severe cases